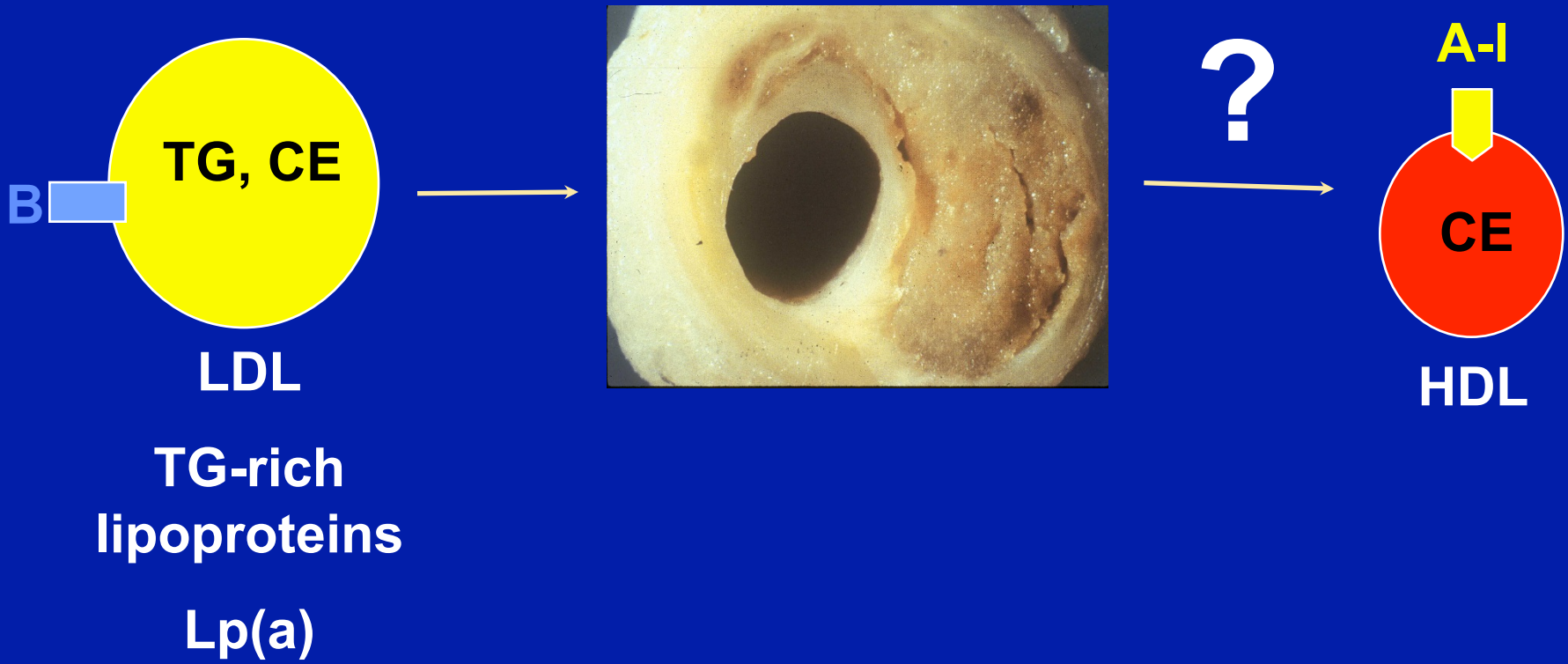


**From human genetics to new
therapeutics for dyslipidemia and
cardiovascular disease**

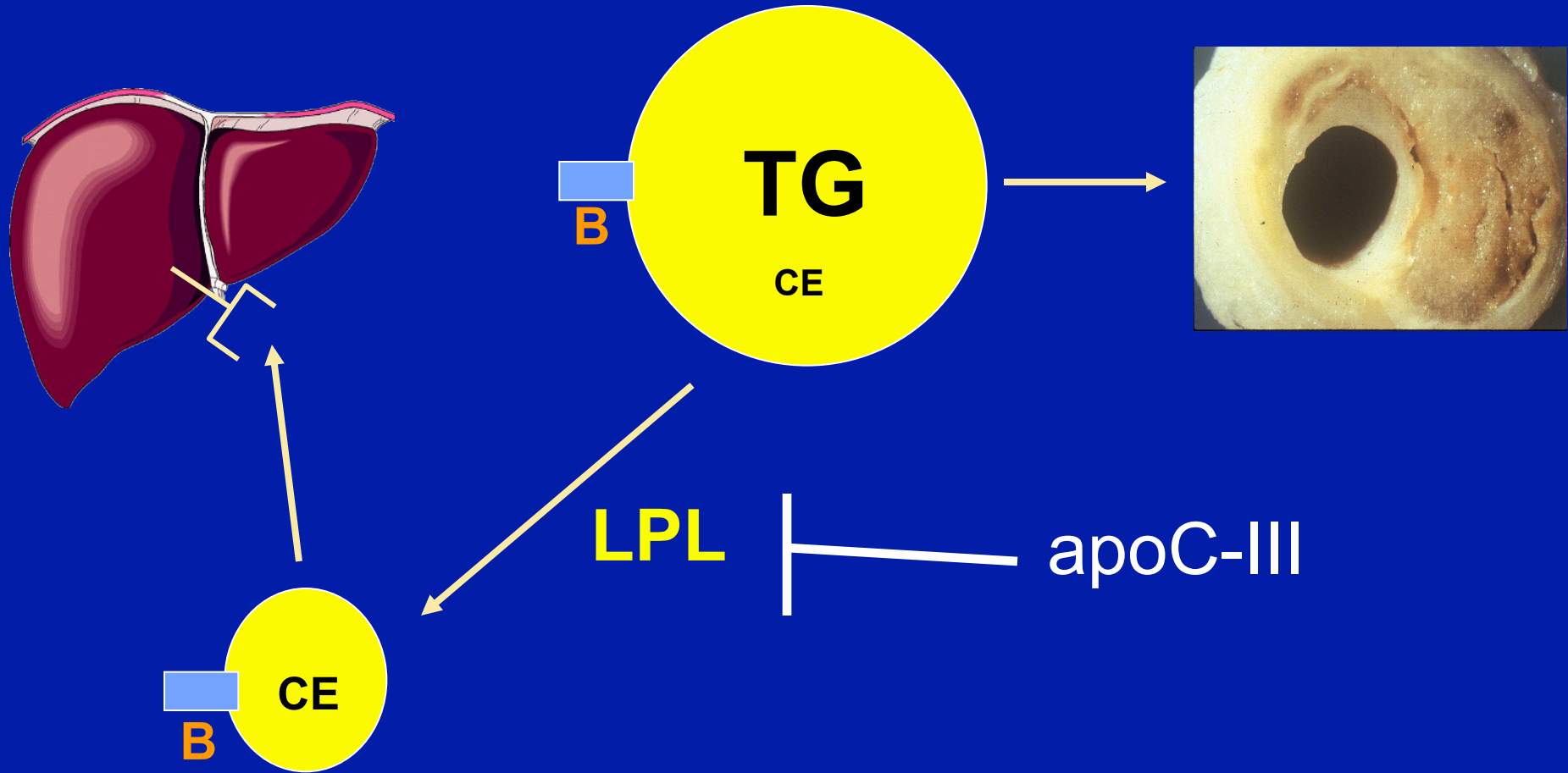
**Mendelian Randomization Meeting
Bristol, UK
June, 2015**

**Daniel J. Rader, MD
Perelman School of Medicine
University of Pennsylvania
rader@mail.med.upenn.edu**

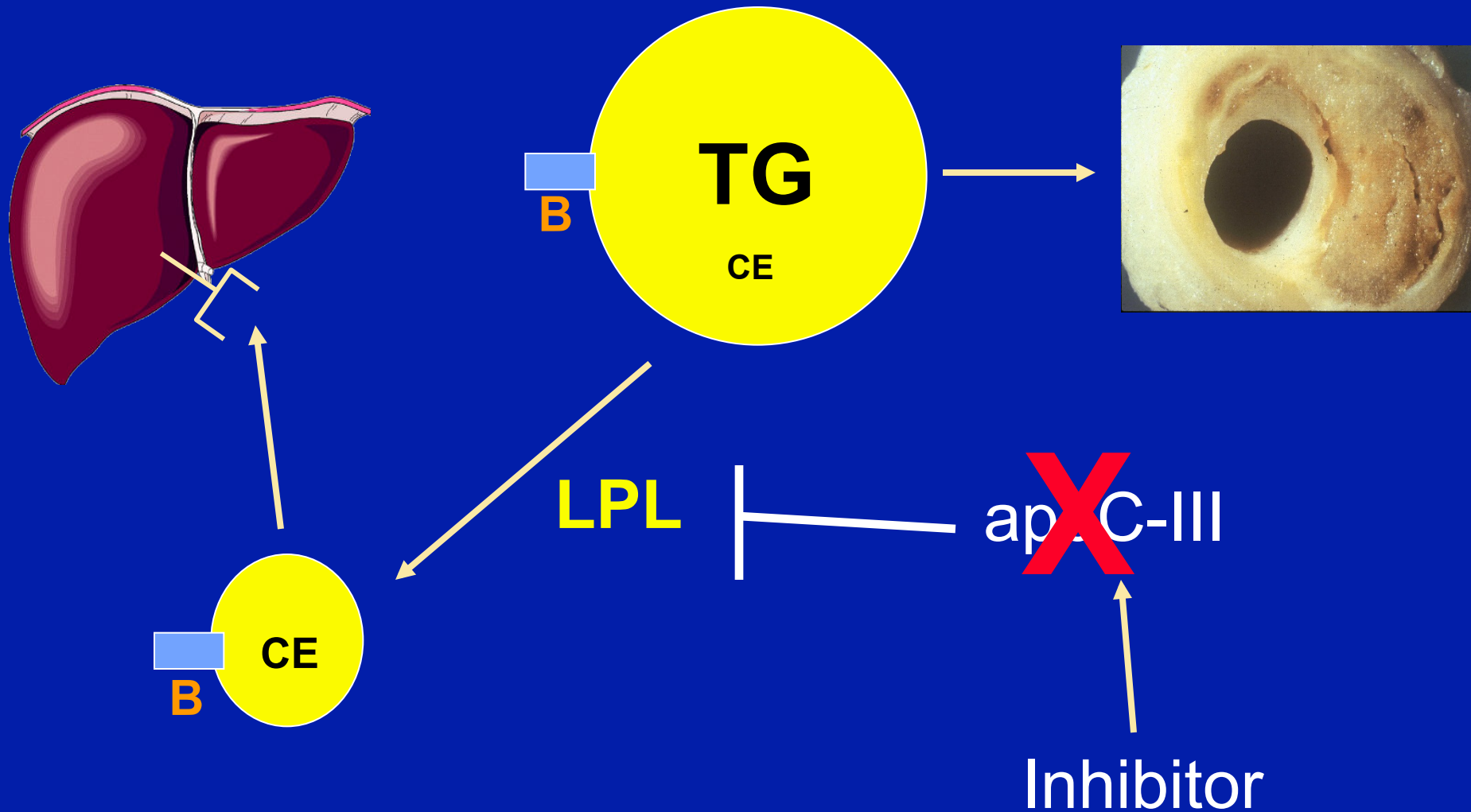
Lipoproteins and CAD



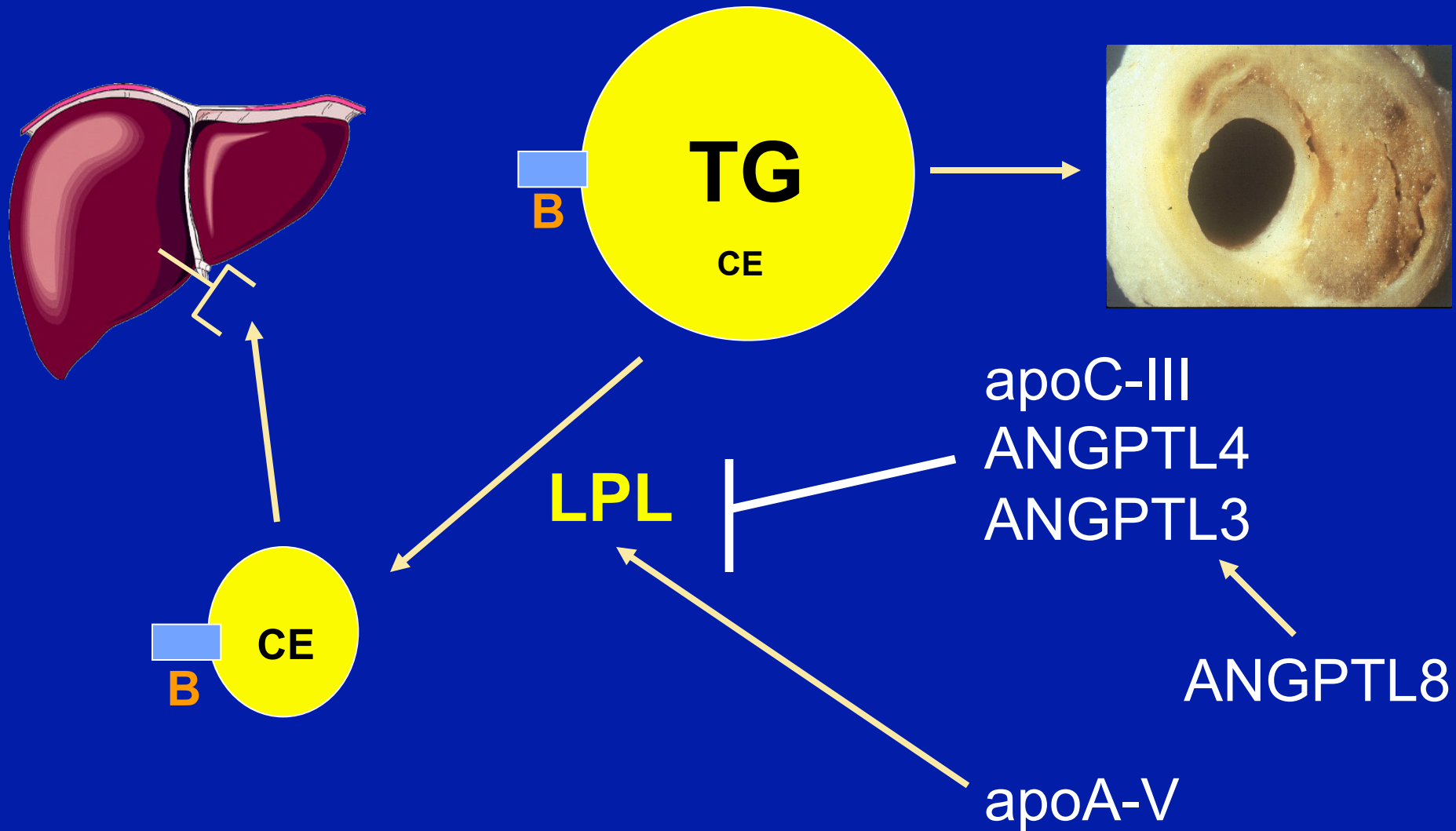
ApoC-III inhibits lipoprotein lipase



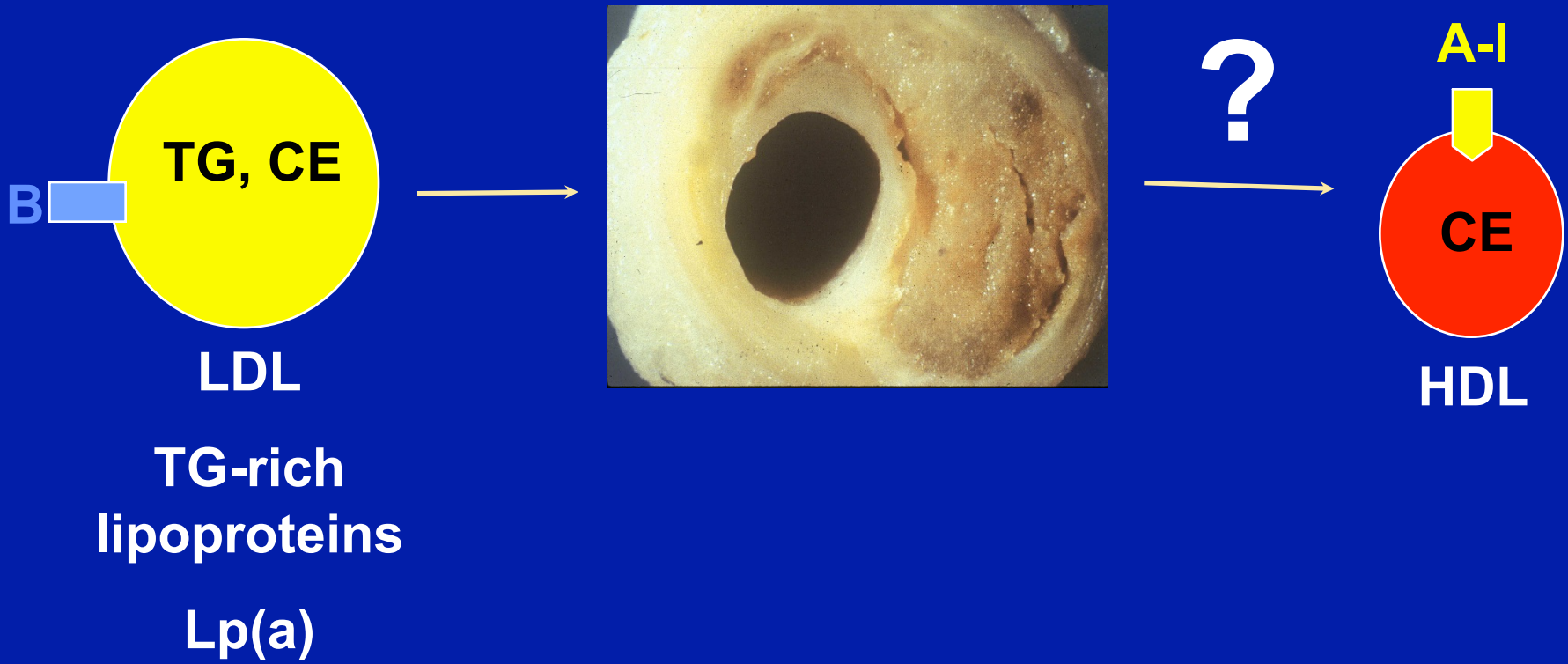
ApoC-III as a novel therapeutic target



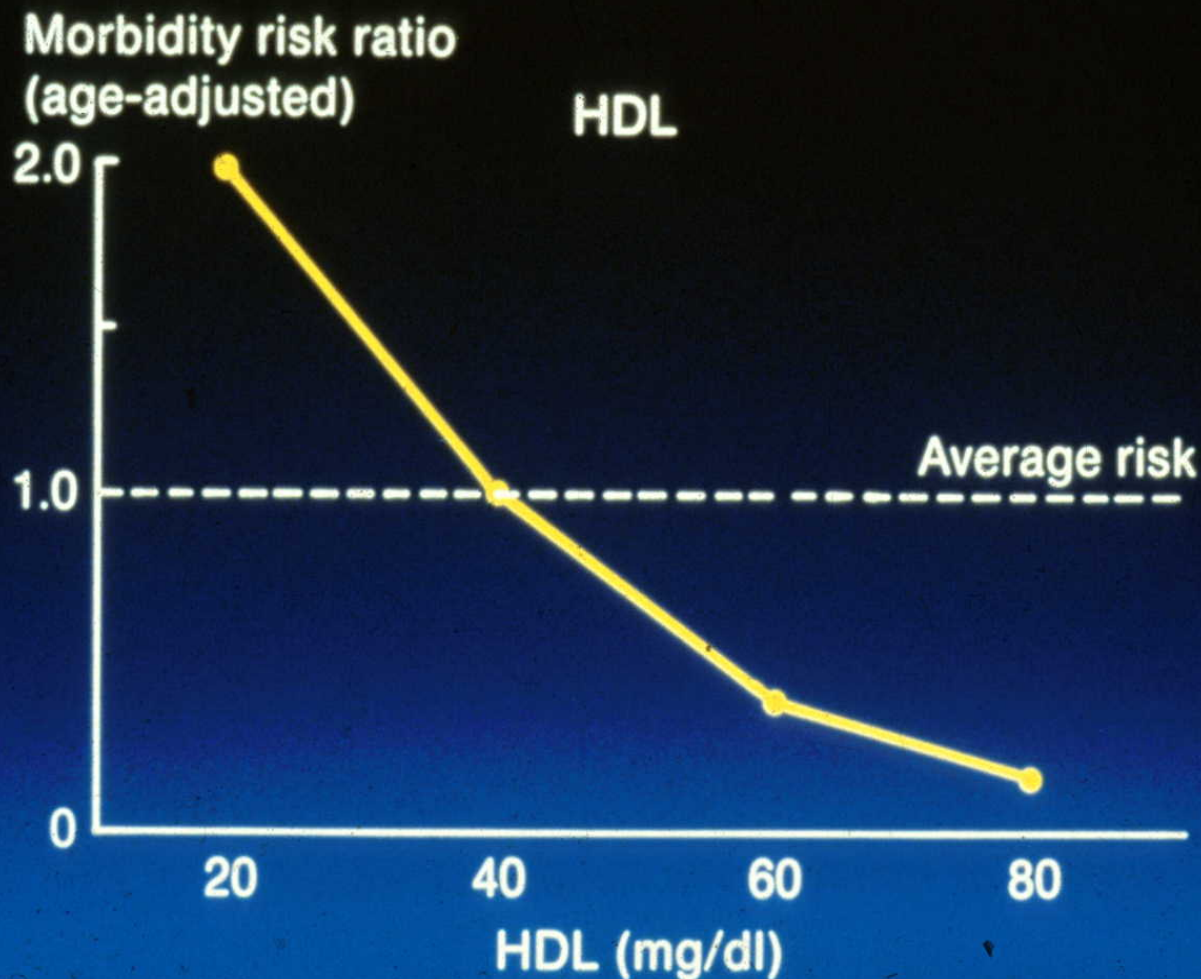
Lipoprotein lipase is a nodal pathway for new therapeutic development



Lipoproteins and Atherosclerosis



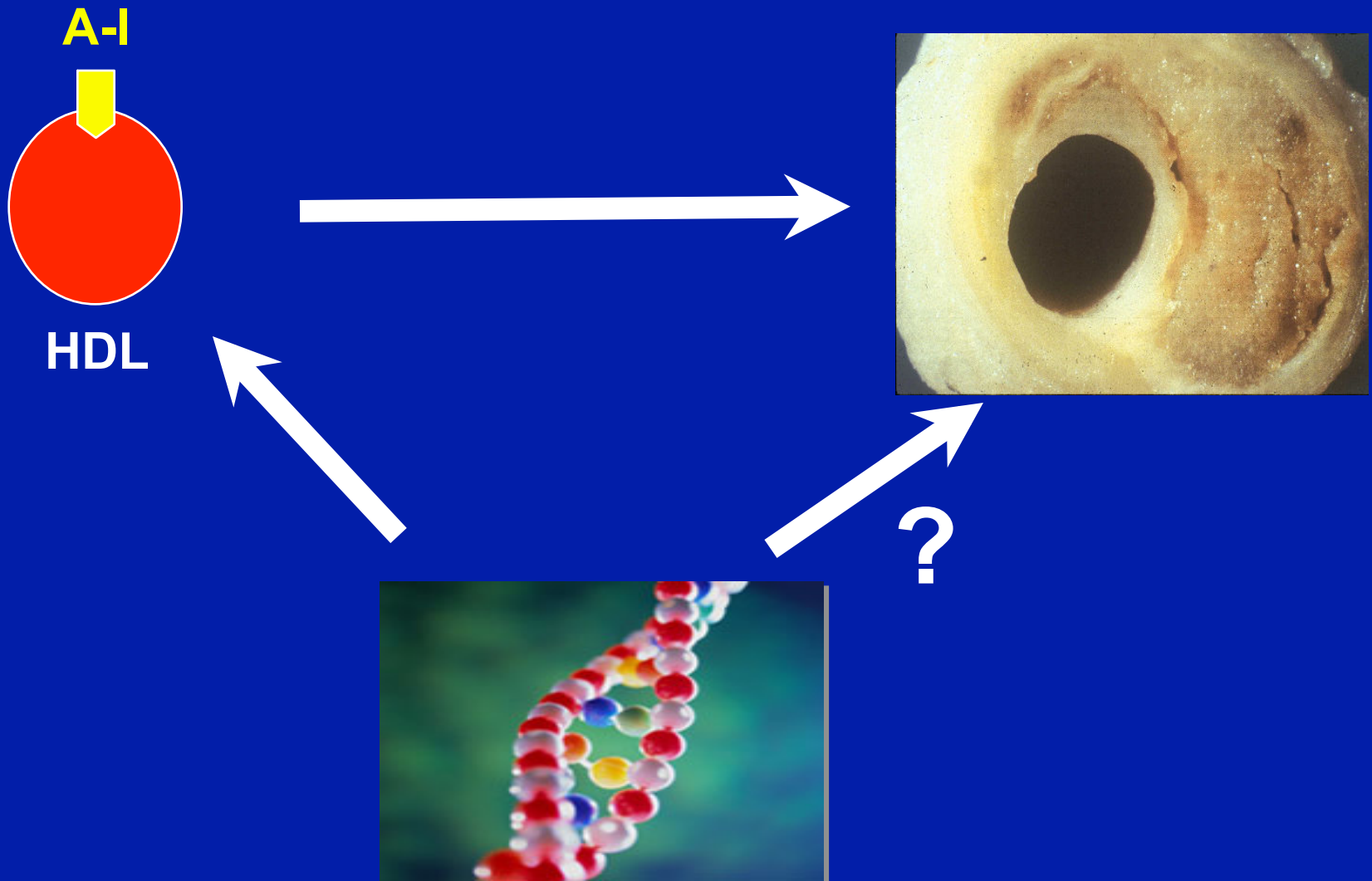
HDL-CHOLESTEROL AND CHD RISK (Men in Framingham, MA)



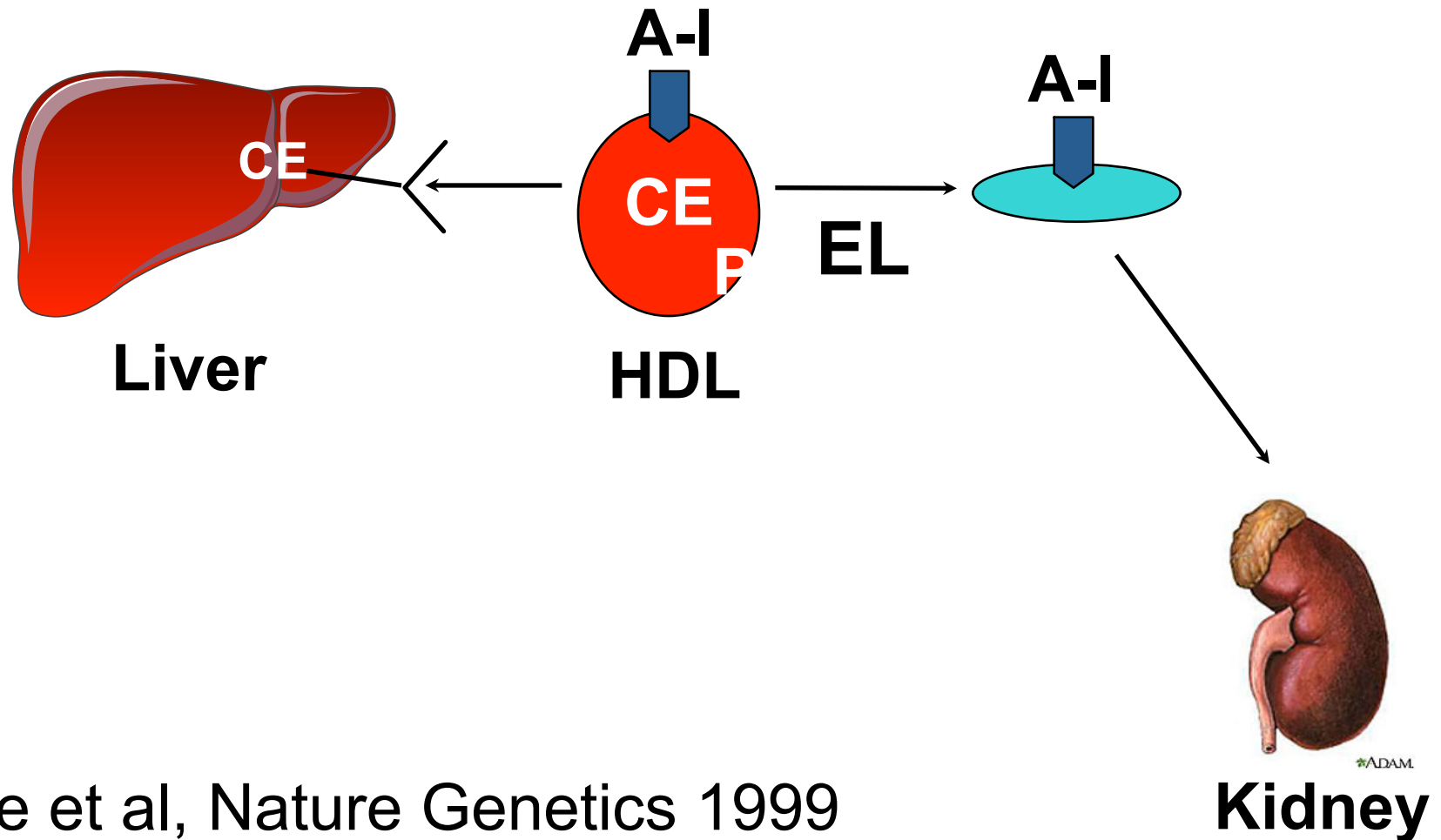
The HDL-C hypothesis

**Raising plasma HDL-C levels will
reduce CV events.**

Is HDL-C causally associated with CAD?

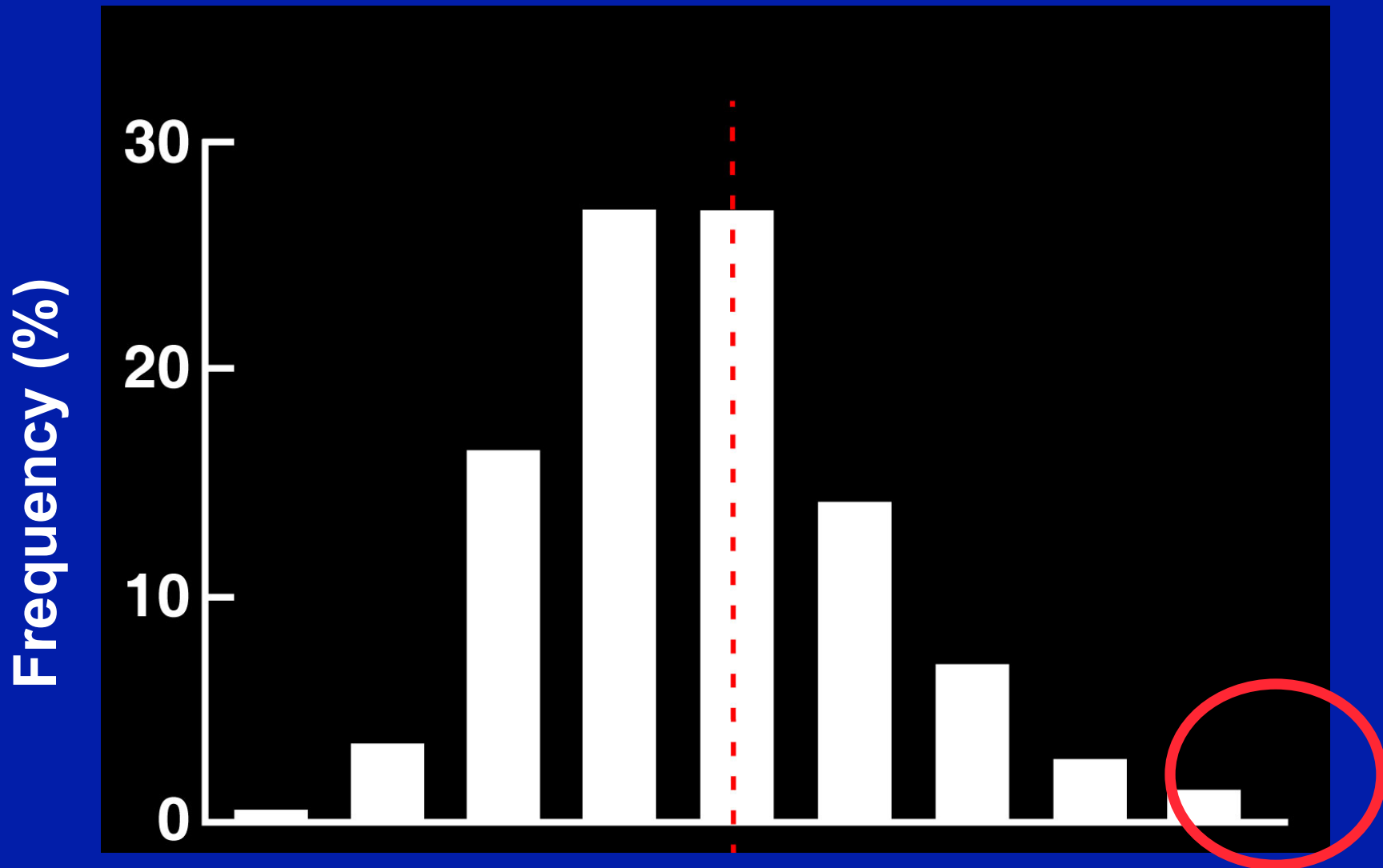


Endothelial Lipase (EL) promotes HDL catabolism and reduces HDL-C levels



Jaye et al, Nature Genetics 1999

Do loss-of-function mutations in EL (*LIPG*) cause high HDL-C?



Loss-of-function variants in endothelial lipase are a cause of elevated HDL cholesterol in humans

Andrew C. Edmondson,¹ Robert J. Brown,¹ Sekar Kathiresan,^{2,3} L. Adrienne Cupples,⁴ Serkalem Demissie,⁴ Alisa Knodle Manning,⁴ Majken K. Jensen,⁵ Eric B. Rimm,^{5,6} Jian Wang,⁷ Amrith Rodrigues,¹ Vaneeta Bamba,¹ Sumeet A. Khetarpal,¹ Megan L. Wolfe,¹ Stephanie DerOhannessian,¹ Mingyao Li,⁸ Muredach P. Reilly,^{1,9} Jens Aberle,¹⁰ David Evans,¹⁰ Robert A. Hegele,⁷ and Daniel J. Rader^{1,9}

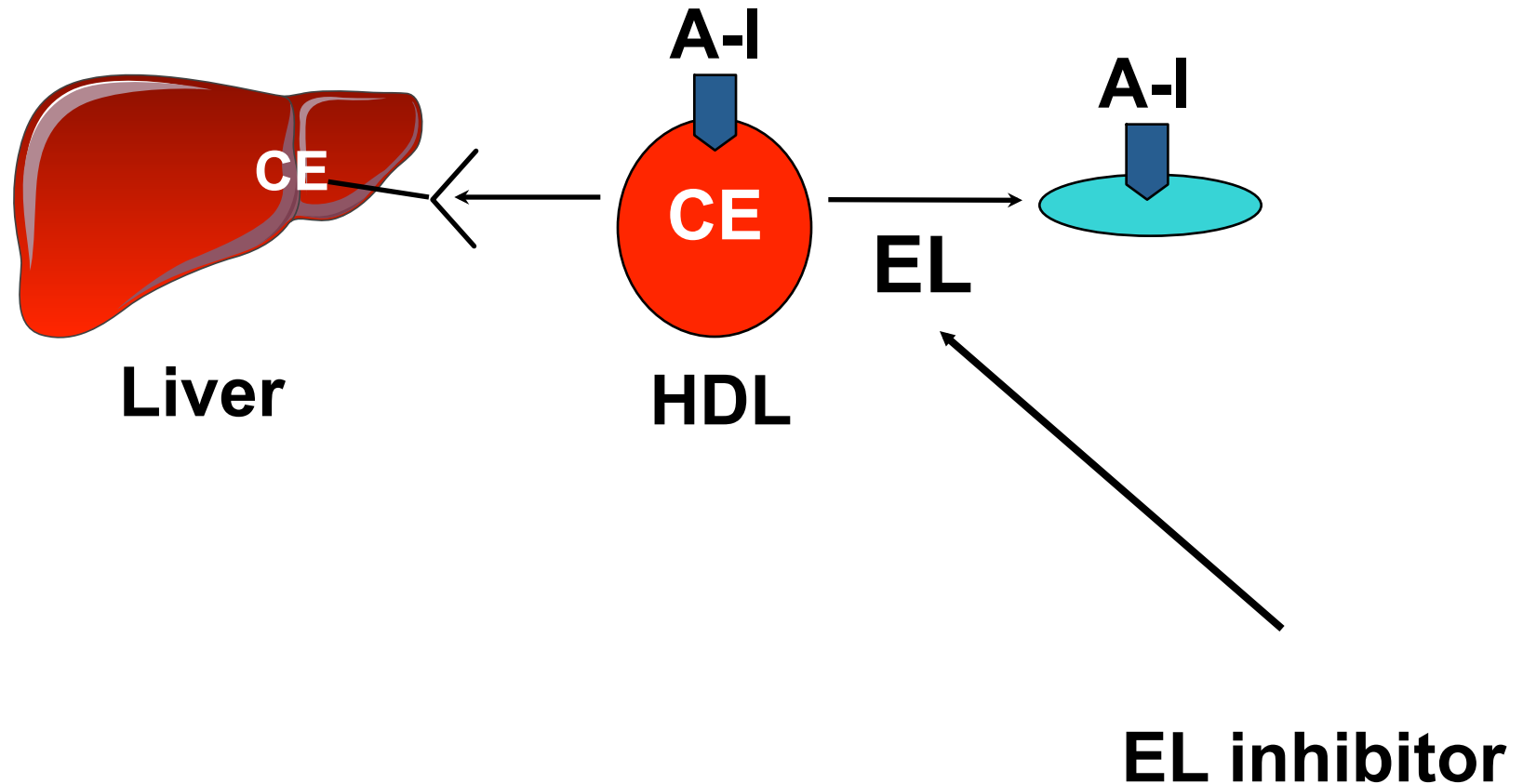
Loss-of-function variants in endothelial lipase are a cause of elevated HDL cholesterol in humans

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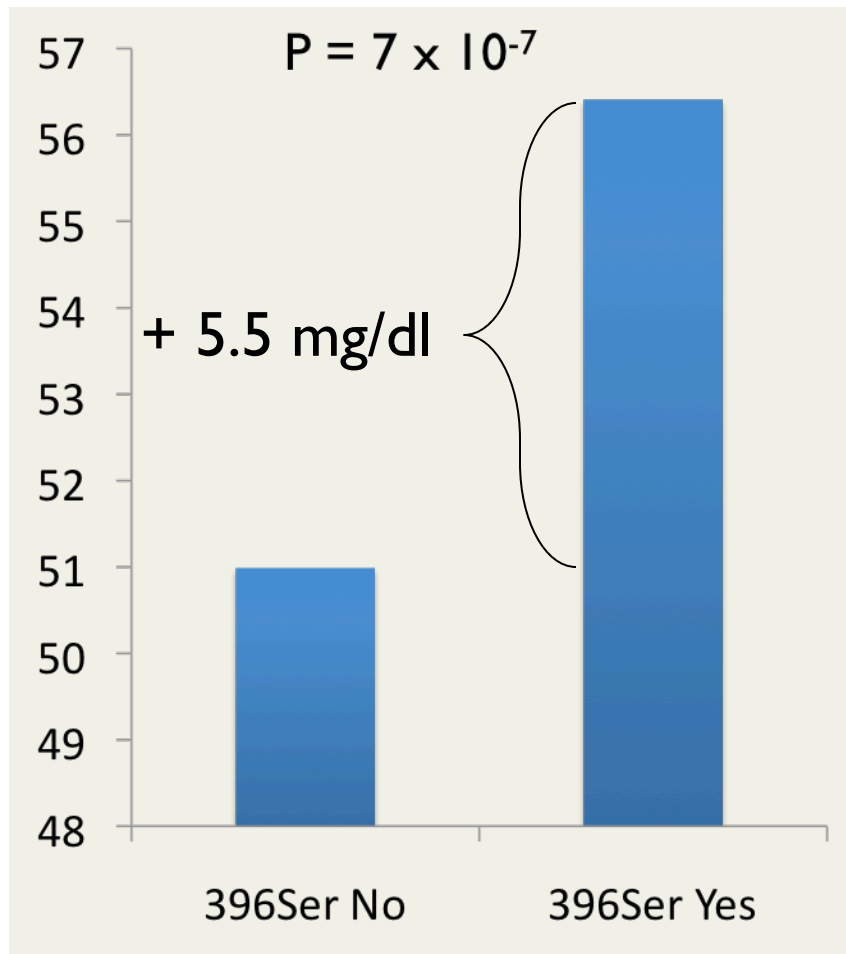
Endothelial lipase Asn396Ser

- Serine allele has marked reduced lipolytic function
- 1-2% of people carry the Serine allele
- They have significantly higher HDL-C and ApoA-I levels
- No effect on other lipid fractions or MI risk factors

Endothelial Lipase inhibition is predicted to raise HDL-C levels



After Testing in >110,000 Participants, EL N396S Variant *Not* Associated with MI



Odds Ratio for MI:

0.99

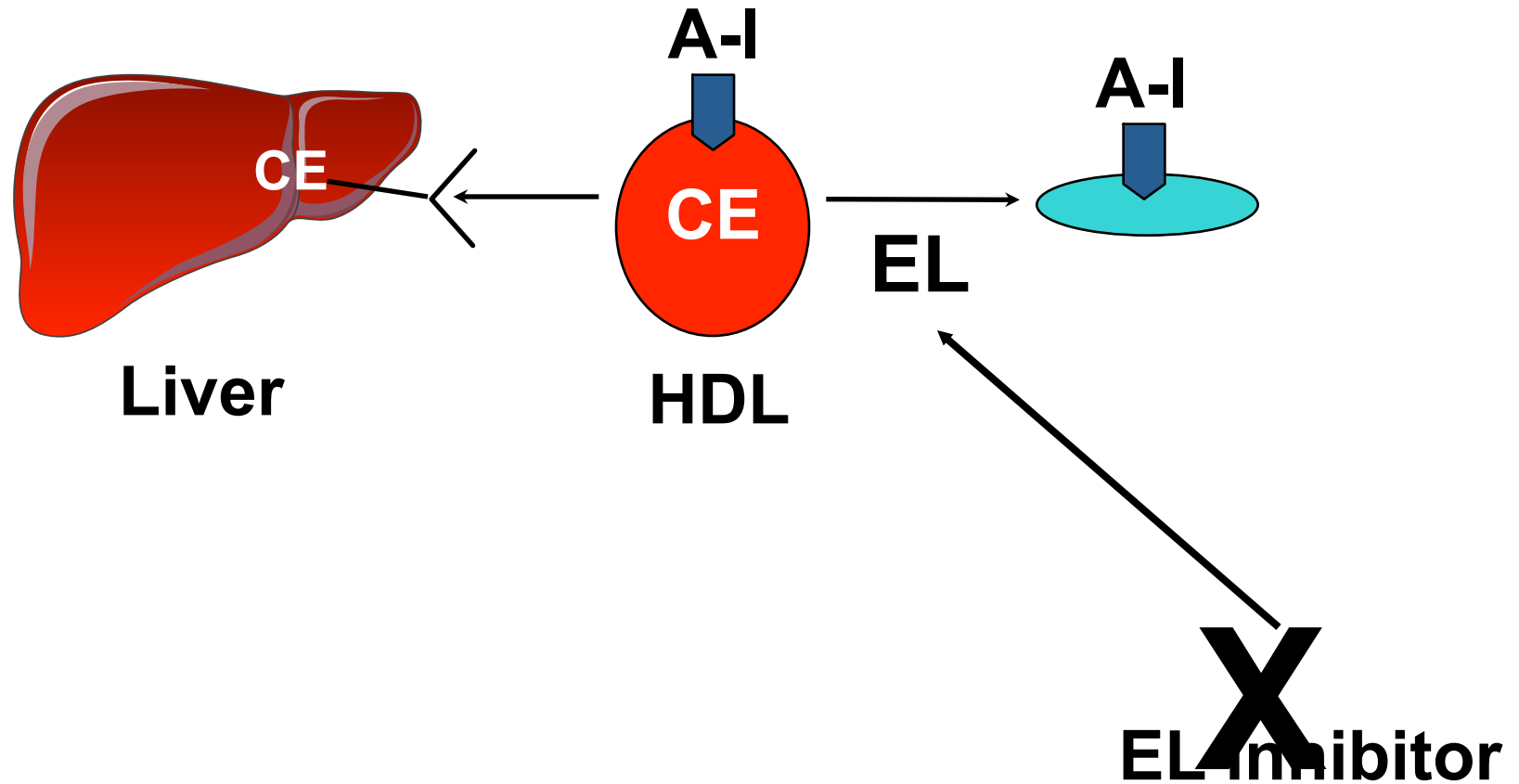
(0.88 – 1.11)

P=0.41

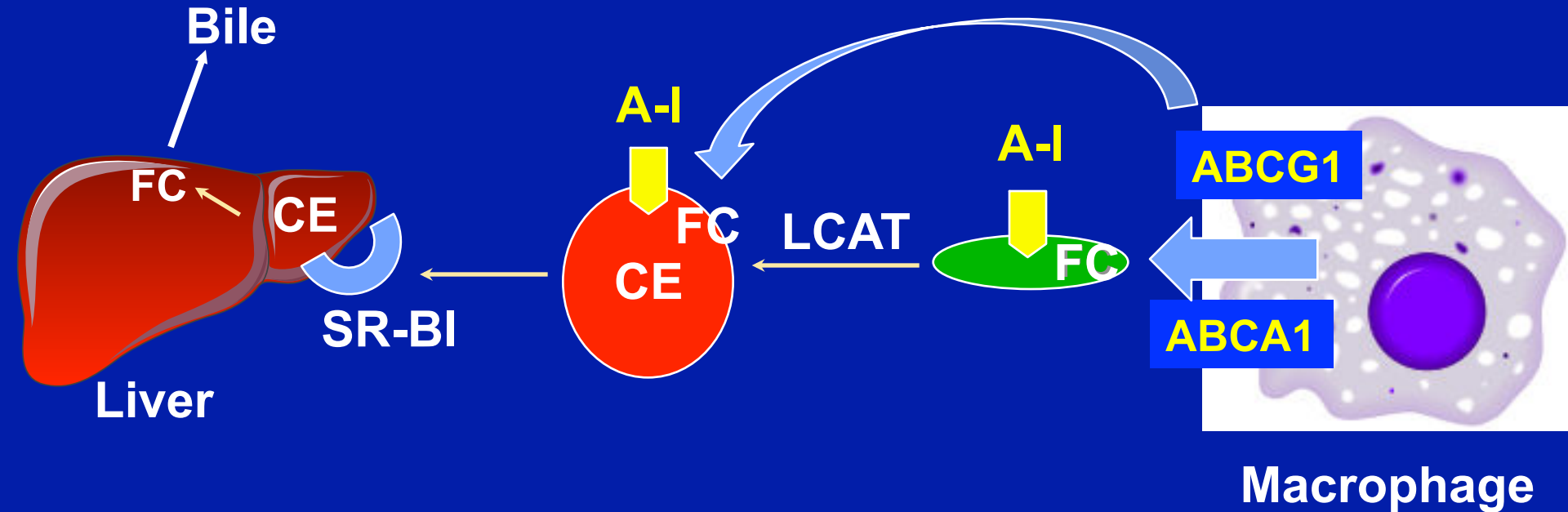
N=19,539 cases,
93,715 controls

Voight et al, Lancet 2012

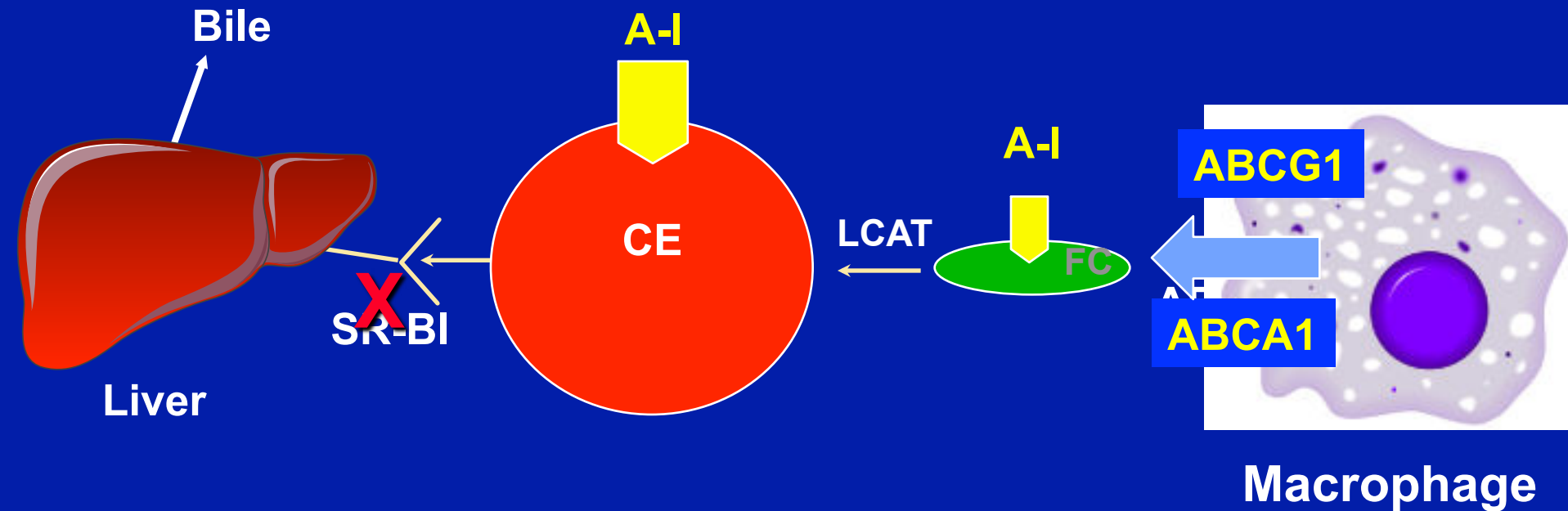
Endothelial Lipase inhibition is predicted to raise HDL-C levels but not reduce CAD



SR-BI and HDL metabolism

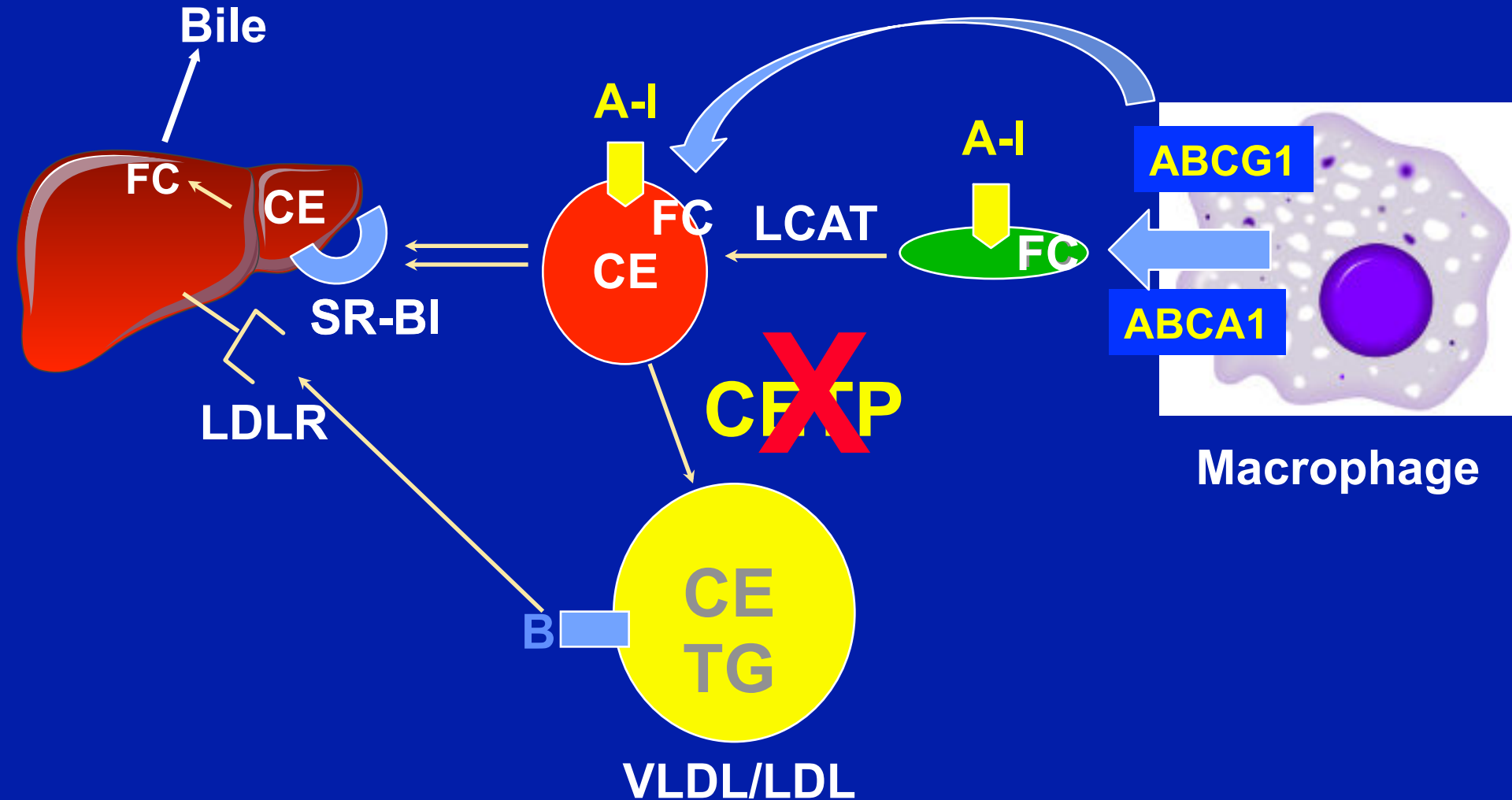


SR-BI knockout mice have elevated HDL-C levels but impaired RCT and increased atherosclerosis

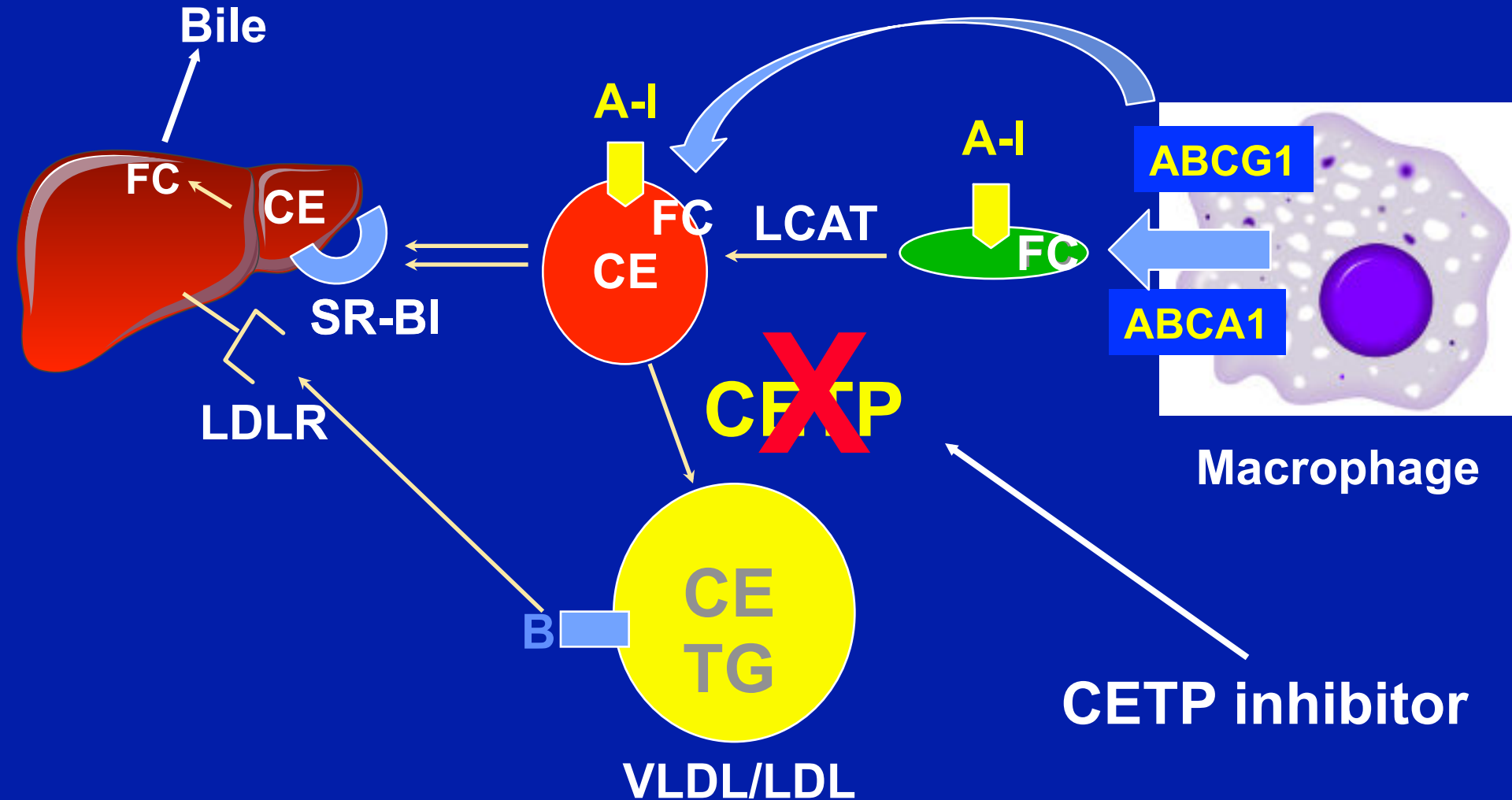


What is the contribution of SR-BI to HDL metabolism and atherosclerosis in humans?

CETP Deficiency Is Genetic Cause of Elevated HDL-C



CETP Inhibition Raises HDL-C Levels



Lipid efficacy of CETP inhibitors (% change from baseline)

CETP inhibitor	Dose mg/d	HDL-C %	LDL-C %	TG %
Torcetrapib	60	61	-24	-9
Dalcetrapib	600	31	-2	-3

Adapted from Cannon C, JAMA 306:2154; 2011

Lipid efficacy of CETP inhibitors (% change from baseline)

CETP inhibitor	Dose mg/d	HDL-C %	LDL-C %	TG %
Torcetrapib	60	61	-24	-9
Dalcetrapib	600	31	-2	-3
Anacetrapib	100	138	-40	-7
Evacetrapib	500	129	-36	-17

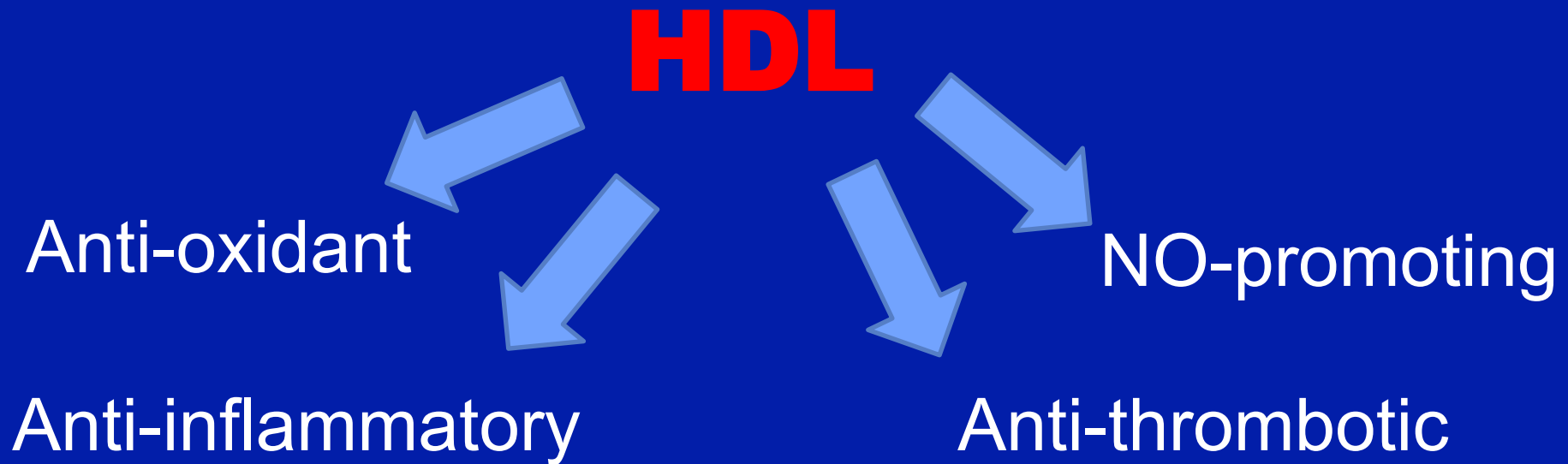
Adapted from Cannon C, JAMA 306:2154; 2011

Time to retire the HDL-C hypothesis?

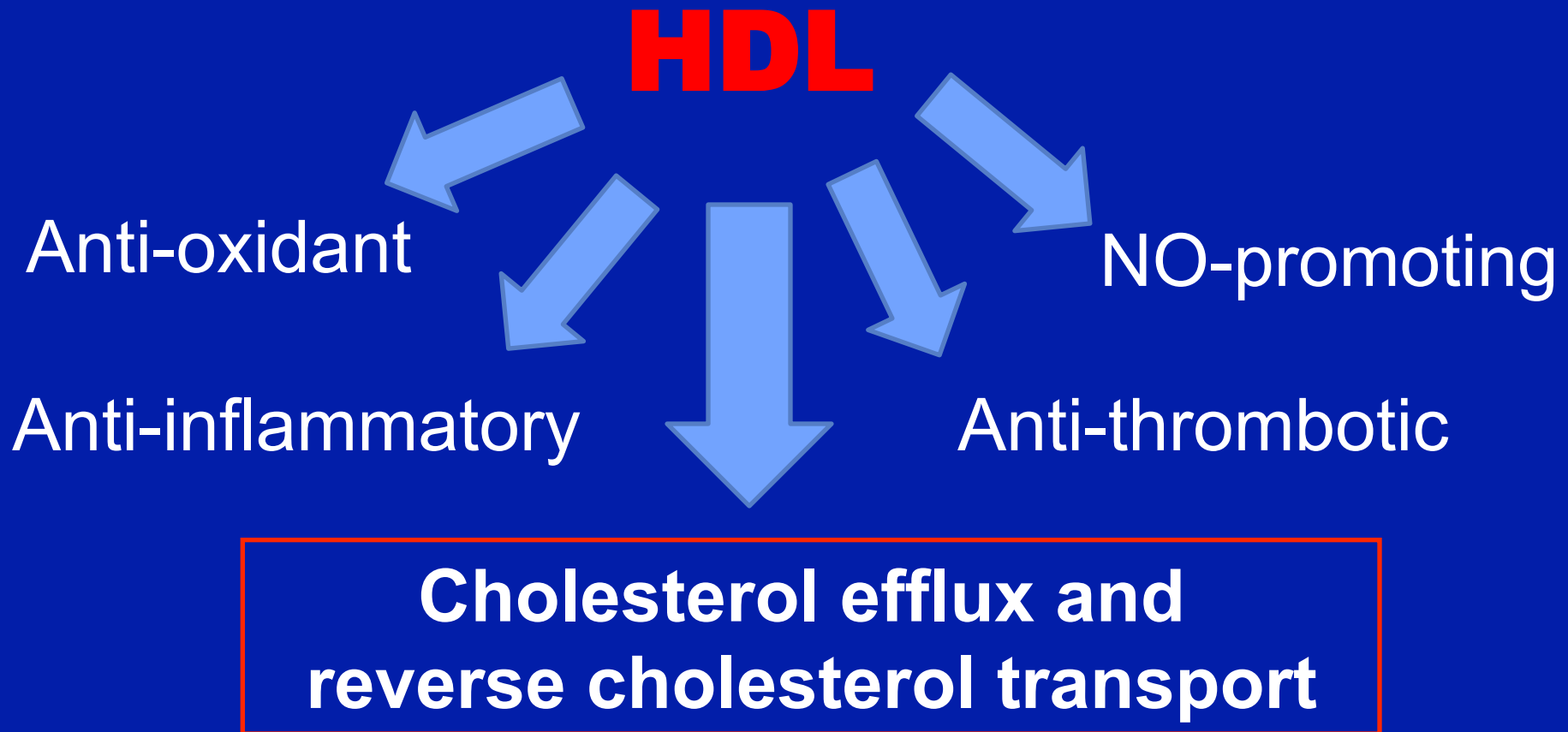
Raising plasma HDL-C levels will
reduce CVD events.



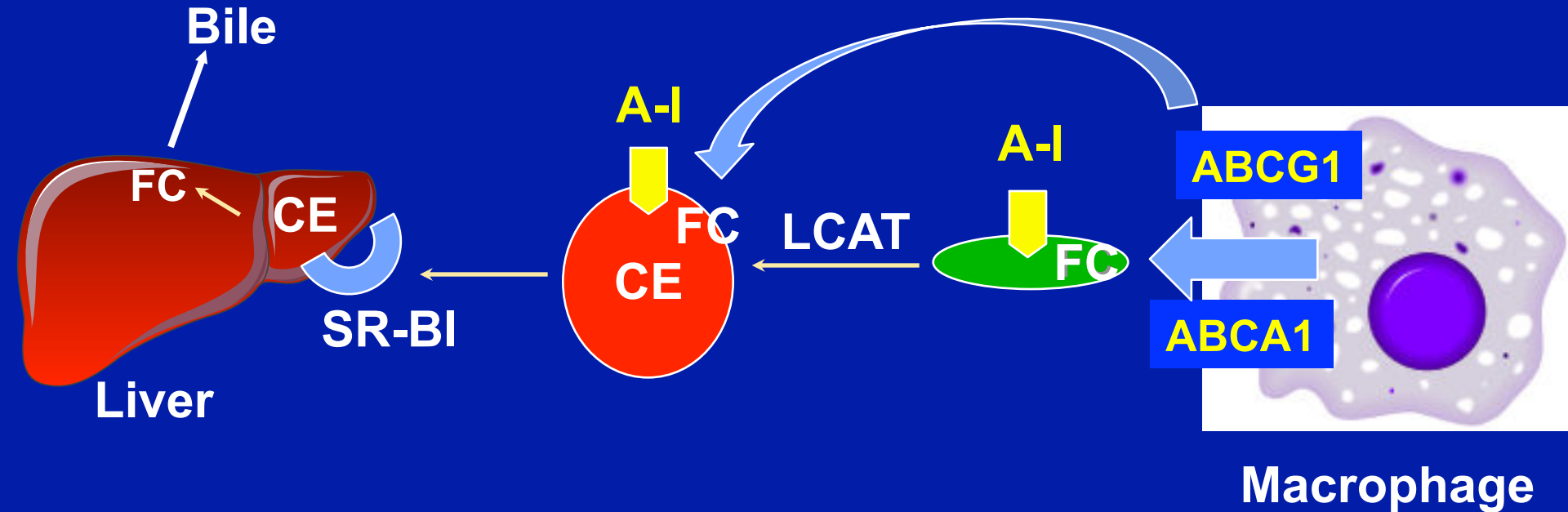
Anti-atherogenic HDL functions



Anti-atherogenic HDL functions

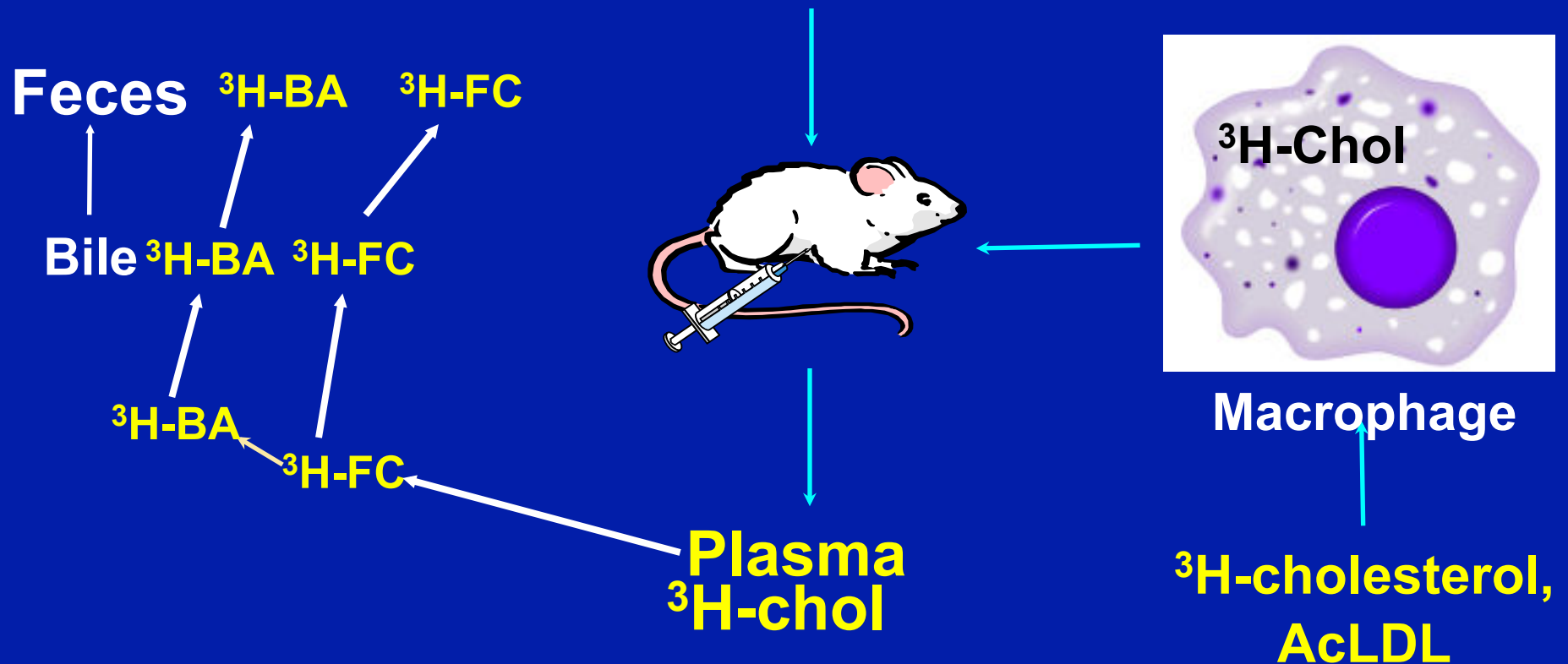


Reverse Cholesterol Transport



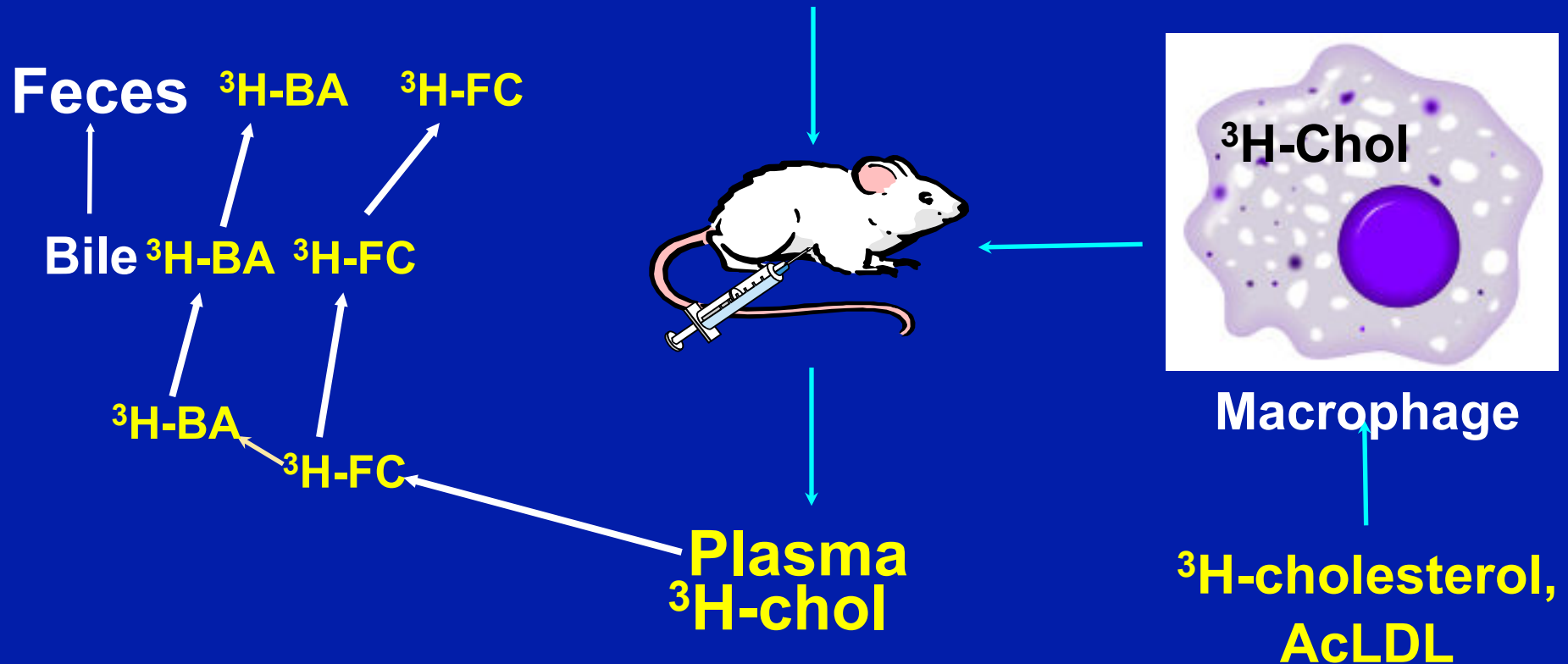
Quantitation of macrophage reverse cholesterol transport in vivo

Genetic and
pharmacologic
interventions

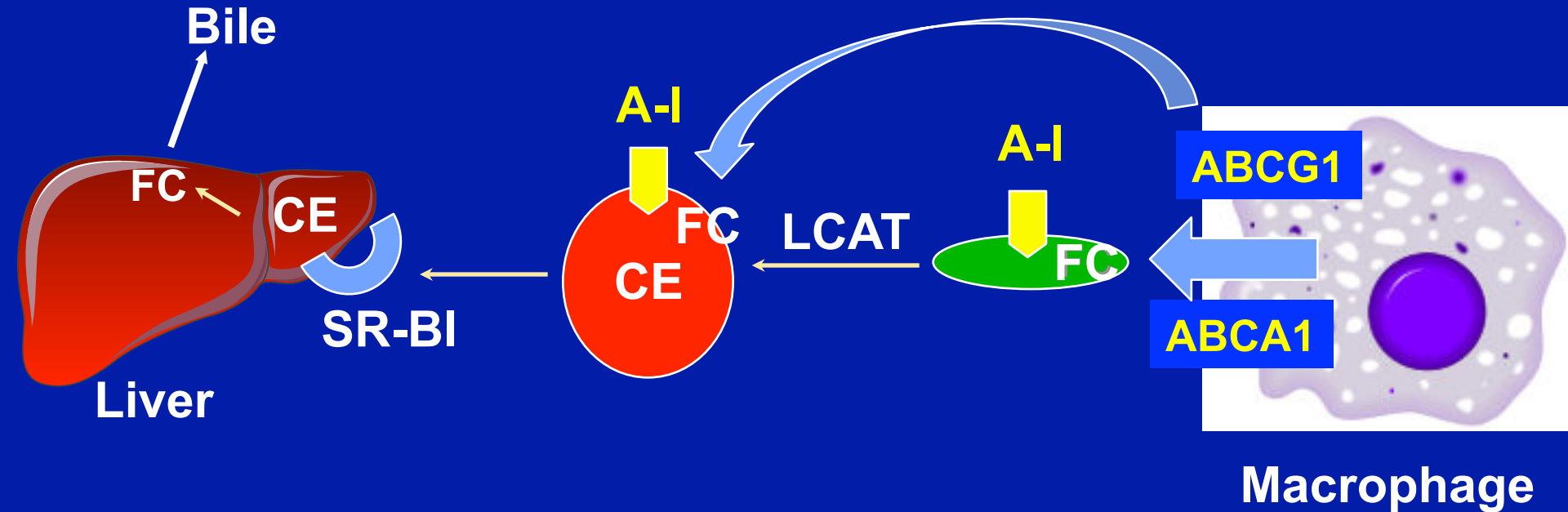


Macrophage RCT predicts atherosclerosis better than plasma HDL-C in mice

Genetic and pharmacologic interventions

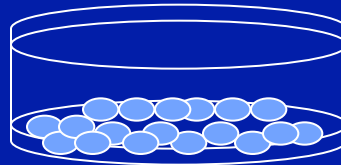


Measuring Steps of Reverse Cholesterol Transport in Humans



Measuring HDL Cholesterol Efflux Capacity in Humans

^3H -Cholesterol $\pm$ AcLDL

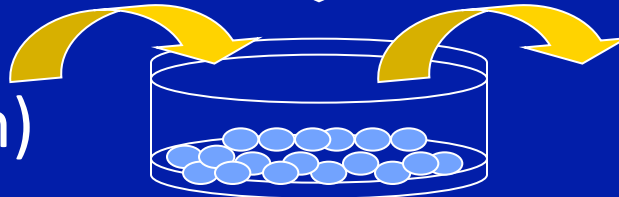


cAMP-treated J774
MACROPHAGES

cAMP



HDL (apoB-
depleted serum)



% cholesterol
efflux

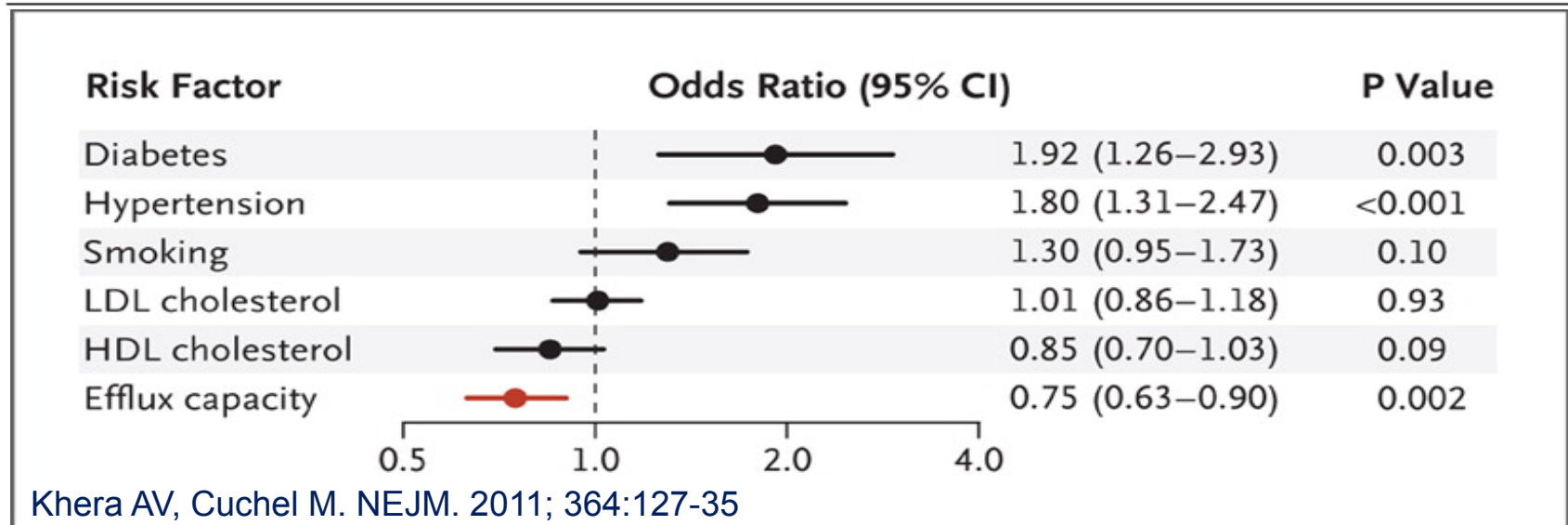
After George Rothblat, et al

Cholesterol efflux capacity is inversely correlated with carotid IMT and angiographic CAD after adjusting for HDL-C or apoA-I

Table 2. Beta Coefficients for the Association between Cholesterol Efflux Capacity and Carotid Intima–Media Thickness.

Linear-Regression Covariates*	Beta Coefficient per 1-SD Increase in Efflux Capacity (95% CI)	P Value
Age and sex	–0.02 (–0.04 to –0.003)	0.02
Age, sex, and cardiovascular risk factors	–0.02 (–0.04 to –0.004)	0.02
Age, sex, cardiovascular risk factors, and high-density lipoprotein cholesterol	–0.03 (–0.06 to –0.01)	0.003
Age, sex, cardiovascular risk factors, and apolipoprotein A-I	–0.04 (–0.06 to –0.01)	0.005

* Cardiovascular risk factors were systolic blood pressure, glycated hemoglobin, and low-density lipoprotein cholesterol.



Cholesterol Efflux Capacity is inversely associated with incident coronary events

- **Dallas Heart Study**
- **EPIC-Norfolk**

Cholesterol Efflux Capacity at baseline is inversely associated with incident coronary events in EPIC-Norfolk

Figure 2a

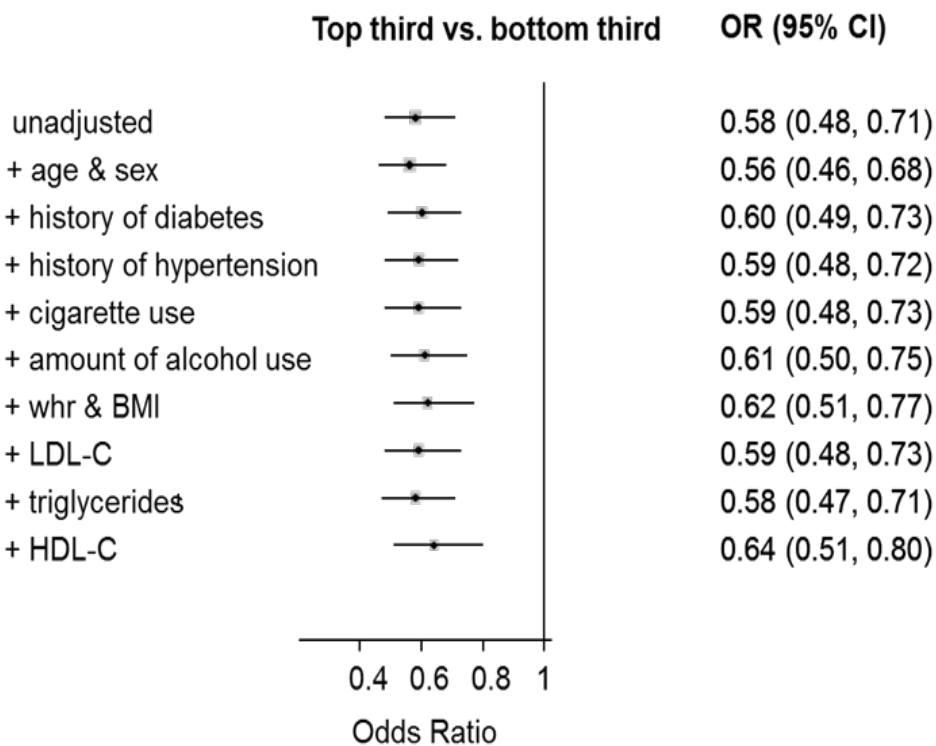
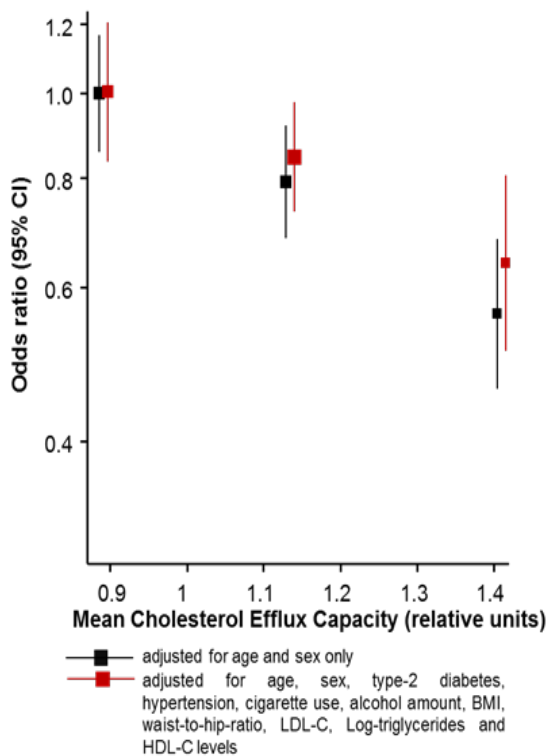


Figure 2b

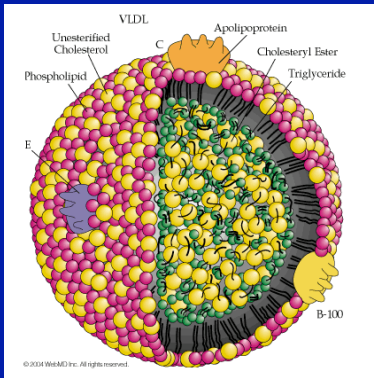


The HDL flux hypothesis

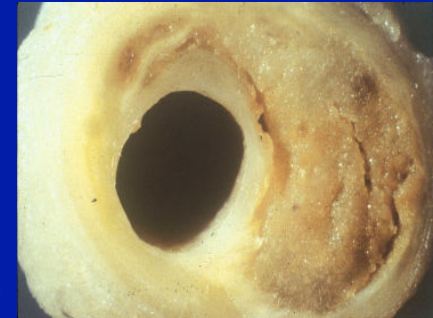
**Promoting cholesterol efflux and
RCT will reduce CV events.**



Genetic variants

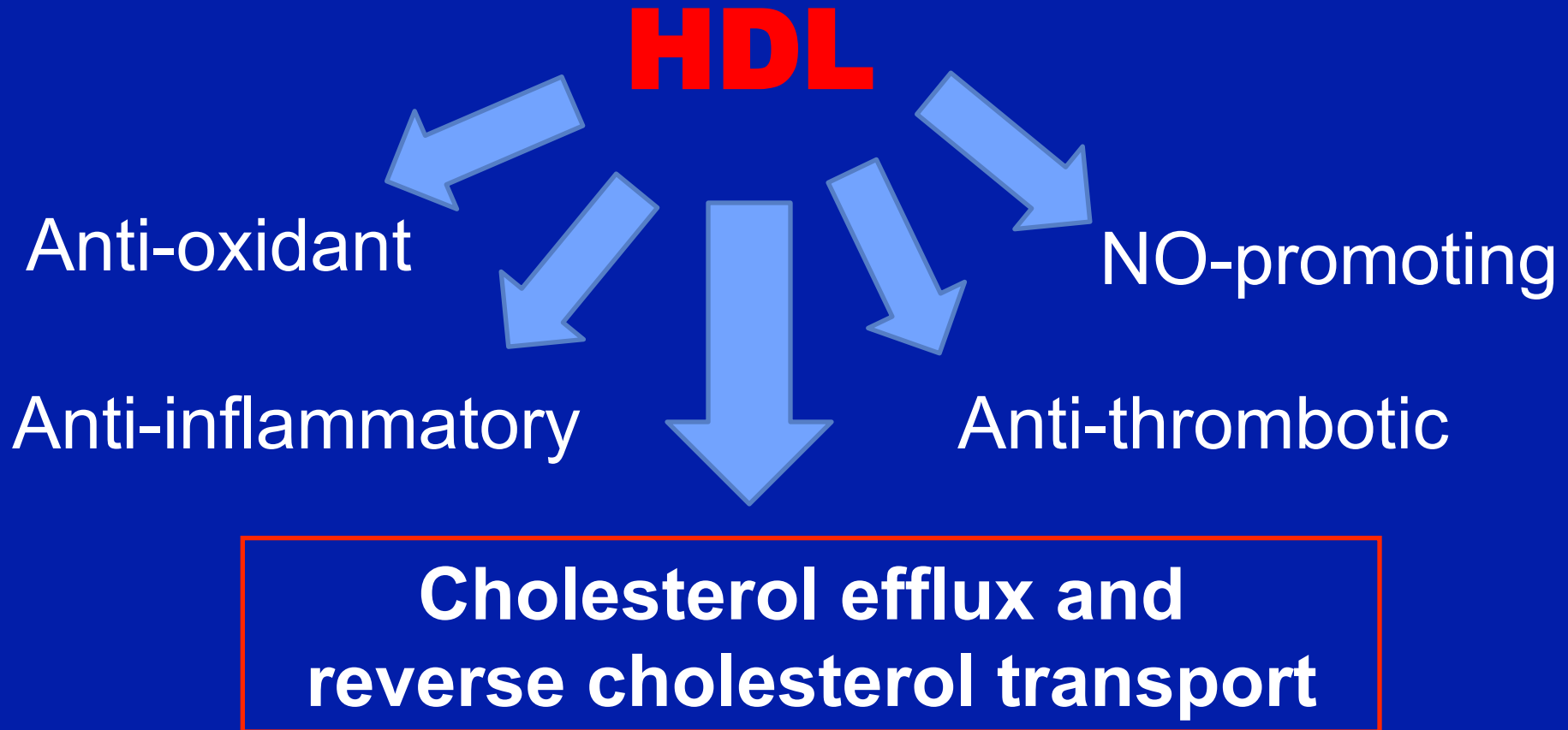


Cholesterol efflux capacity



Coronary disease

Anti-atherogenic HDL functions



Human genetics leading to smarter and faster development of new medicines

